

Disclaimer – Courage & Confidence Booster Course

If you are currently being treated for depression, anxiety disorders, panic attacks, schizophrenia, or other mental disorders, are taking hallucinogens or drugs, are an alcohol-addict or have other substance-addictions, please consult with your Mental Health or Medical Provider before taking this course.

Not Medical, Mental Health or Religious Advice

The information and exercises provided in this course are not a replacement for the therapeutic relationship in psychotherapy or a coaching relationship and is not intended to replace medical advice. I am not a Medical Provider (Physician, Psychiatrist, Nurse Practitioner, etc.). You agree and acknowledge that I am not providing health care, medical or therapy services, or attempting to diagnose, treat, prevent, or cure any physical, mental, or emotional disease or condition. The exercises provided are not intended to be a substitute for the professional medical advice, diagnosis or treatment provided by your own Medical Provider or Mental Health Provider. You agree and acknowledge that I am not providing medical advice, mental health advice, or religious advice in any way. Always seek the advice of your own Medical Provider and/or Mental Health Provider regarding any questions or concerns you have about your specific health or any medications, before implementing any recommendations or suggestions from this course. Do not disregard medical advice or delay seeking medical advice because of information you have received in this course. Do not start or stop taking any medications without speaking to your own Medical Provider or Mental Health Provider. If you have or suspect that you have a medical or mental health problem, contact your own Medical Provider or Mental Health Provider promptly and before starting the course.

No Guarantees

My role, services, and any exercises taught in this course support and assist you in reaching your own goals, but your success depends primarily on your own effort, motivation, commitment, and follow-through. I cannot predict and I do not guarantee that you will attain a particular result, and you accept and understand that results differ for each individual. Each individual's results depend on his or her unique background, dedication, desire, motivation, actions, and numerous other factors. You fully agree that there are no guarantees as to the specific outcome or results you can expect from using the information you receive on or through this course.

Testimonials

I present real world experiences, testimonials, and insights about other people's experiences with my course for purposes of illustration only. The testimonials, examples, and photos used are of actual clients and results they personally achieved, or they are

comments from individuals who can speak to my character and/or the quality of my work. All testimonials, examples, or photos supplied by actual clients and colleagues were unsolicited and given with their complete explicit permission. They are not intended to represent or guarantee that current or future clients will achieve the same or similar results; rather, these testimonials represent what is possible for illustrative purposes only.

Assumption of Risk

As with all situations, there are sometimes unknown individual risks and circumstances that can arise during use of my course that cannot be foreseen that can influence or reduce results. You understand that any mention of any suggestion or recommendation on or through my Website is to be taken at your own risk, with no liability on my part, recognizing that there is a rare chance that illness, injury or even death could result, and you agree to assume all risks.

Limitation of Liability

By using this site and taking the course, you agree to absolve me of any liability or loss that you or any other person may incur from use of the information or exercises. You agree that I will not be liable to you, or to any other individual, company or entity, for any type of damages, including direct, indirect, special, incidental, equitable or consequential loss or damages, for use of or reliance on my course. You agree that I do not assume liability for accidents, delays, injuries, harm, loss, damage, death, lost profits, personal or business interruptions, misapplication of information, physical or mental disease or condition or issue, or any other type of loss or damage due to any act or default by me or anyone acting as our agent, consultant, affiliate, joint venture partner, employee, shareholder, director, staff, team member, or anyone otherwise affiliated with my business or me, who is engaged in delivering content on or through this site and course.

Indemnification and Release of Claims

You hereby fully and completely hold harmless, indemnify, and release me and any of my agents, consultants, affiliates, joint venture partners, employees, shareholders, directors, staff, team members, or anyone otherwise affiliated with my business or me from any and all causes of action, allegations, suits, claims, damages, or demands whatsoever, in law or equity, that may arise in the past, present or future that is in any way related to my site and course.